

Approved  
by the IGSF Executive Committee  
March 17, 2024  
President of IGSF  
Iu. Scherbyna



## **REGULATION (NOTICE) about the 12<sup>th</sup> Gira (Kettlebell) Sport Students World Championship 2024**

### **1. Goals and objectives.**

The competition is held for the following purposes:

- to further develop and popularize kettlebell (gira) sport among student youth in the world;
- to promote students' interest in healthy lifestyle;
- to determine competition winners;
- to strengthen and expand international cultural and sports connections among student youth.

### **2. Competition date and location.**

- World Championship in kettlebell lifting among students is held on July 04-10, 2024 in Aigle, Switzerland.

Accommodation in an accredited hotel:

GENEVA INTERNATIONAL AIRPORT (GVA), 66 km from the Aigle. Competitions July 05-07, 2024 - Collège des Dents-du-Midi Sports Center: Address: Chemin de la Planchette 18, 1860 Aigle, Switzerland From the hotel to the competition site 5 minutes walk. The cost of staying at the hotel is 70 euros per night, including breakfast and dinner.

In the format of the World Championship in kettlebell lifting, on July 05-10 an international certified training seminar on kettlebell lifting is held for teachers, trainers and judges.

Departure day - July 11, 2024 after the end of the competition

### **3. Competition management.**

General management of competition organization and holding shall be performed by the IGSF Executive Committee.

General management of competition organization and holding shall be performed by the IGSF Executive Committee.

Immediate competition holding shall be assigned to the Organizing Committee, and the duly approved Main Jury.

The chief judge of the competition Andrea Burch, Switzerland

E-mail: andreiburch@gmx.ch Tel. +41 79 743 82 86

The Organizing Committee: President Kettlebell Lifting Schweiz Andrea Burch E-mail: andreiburch@gmx.ch Tel. +41 79 743 82 86,

Niquille Laurent E-mail: Laurent.Niquille@aigle.ch tel: +41763837108, +41244684220,

Vitalii Luhovoy E-mail: vitalsan2517@gmail.com tel.+41796847293, Anton Osnoenko E-mail:

Antoniyofra@gmail.com tel. +41795994603

In order to receive an invitation to participate in the World championship and to apply for visas, it is necessary to submit a preliminary individual or collective application by May 01, 2024 in the name of: President Kettlebell Lifting Schweiz Andrea Burch

E-mail: andreiburch@gmx.ch Tel. +4179 743 82 86

### **4. Competition participants.**

Students and graduates World Championship is a competition for individuals and teams.

Full-time students and postgraduates of higher education institutions from countries promoting kettlebell sport shall be allowed to participate in the competition. Team name list shall be fixed before the weighing of competitors. Age of the competitors up to 28 years. The number of competitors in any weight class shall be unlimited.

Team line-up:

youths – 7, girls – 3, representative coach – 1, judge – 1.

### **5. Competition programme and winner election.**

The competition shall be held under the International Gira Sport Federation rules valid as of the competition date:

- youths – two kettlebells long-cycle jerk, kettlebell mass is 24 kg;
- girls – one kettlebell snatch, kettlebell mass is 16 kg.

Winners and prize-winners in the individual scoring shall be determined according to the greatest kettleball lift number in every weight class:

- youths – under 60, under 65, under 70, under 75, under 80, under 90, +90 kg;
- girls – under 60, under 70, +70 kg.

Team results shall be determined according to the maximum score gained by each scoring participant in the team as indicated in the Federation chart.

At any stage of preparation and participation in the competitions, **doping control** may be performed.

## **6. Awarding.**

Competition participants who took the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>d</sup> places in every weight class shall be awarded with diplomas and medals of respective degrees.

Coaches who have trained the competition winners shall be awarded with diplomas.

Winning and prize-winning teams shall be awarded with diplomas and memorable prizes.

## **7. Safety and preparation of competition venues**

Competitions are held in compliance with the necessary security measures provided for by the rules of the Federation. Responsibility for the life and health of participants on the way and during the event rests with the persons who accompany them.

## **8. Financing.**

Competition participation costs (travel, meals, accommodation, and accreditation of each participant) shall be incurred by the sending organizations.

Competition organization and holding costs (sports premises leasing, advertising, poster making, award attributes – diplomas, medals, valuable prizes, judges' fees, etc.) shall be incurred by IGSF, also on a share basis, the competition organizers, interested organizations and persons, and sponsors:

- the cost of the entry fee - 40 E from each competitor for each nomination;

Simultaneous holding of world championships among different categories of athletes (without age restriction, students) and with kettlebells of different weights, are considered separate competitions. In this case, a parallel scoring (credit) to the participants of the competition is carried out subject to payment of the entry fee for participation in each of them.

## **9. Applications.**

A preliminary application for participation in the competitions shall be filed to the Organizing Committee and the IGSF before **May 01, 2024**.

An individual application for participation in the competitions certified by a physician and the Federation (Association, Individual competition participation applications certified by a physician and the organization, passport, student's identity card, student's record book, and other documents stipulated by the competition rules shall be filed to the Credentials Committee at the day of arrival.

Delegations coming to the competition shall have a sports uniform of single design, two state flags, and a digital record of the anthem of the country they represent made on digital media.

International Gira Sport Federation:

Tn / fax: +38 045 95 35 336; + 380-44-454-49-74

mob. +38 066 70 39 071; +380509373664 (Viber)

E-mail: [weightballs@ukr.net](mailto:weightballs@ukr.net)

**This notice is an official invitation to the competition!**

**WE INVITE YOU TO PARTICIPATE IN THE WORLD CHAMPIONSHIP  
BY KETTLEBELL SPORT AMONG STUDENTS!**